

Posts by Kathy Park JDPSN

Kathy Park JDPSN began practicing Zen in 1999 in Paris and has trained in a number of capacities at Kwan Um Zen centers including Cambridge Zen Center and Providence Zen Center in the U.S., Su Bong Zen Monastery in Hong Kong and at Musangsa in Korea, where she participated in several 90-day kyol che retreats. She received inka (permission to teach) from Zen master Dae Bong at Musangsa in Korea in 2016, and is the co-guiding teacher for Zenseoul and Daejeon Zen groups in Korea. She is also a co-guiding teacher and coordinator of Kwan Um Zen Online, bringing online Zen teaching and support to practitioners worldwide.



Online Sangha Q&A



KATHY PARK JDPSN - AUGUST 21, 2020



What's Your Question?

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Introduction to Zen - practice forms in the Kwan Um School of Zen Tradition

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